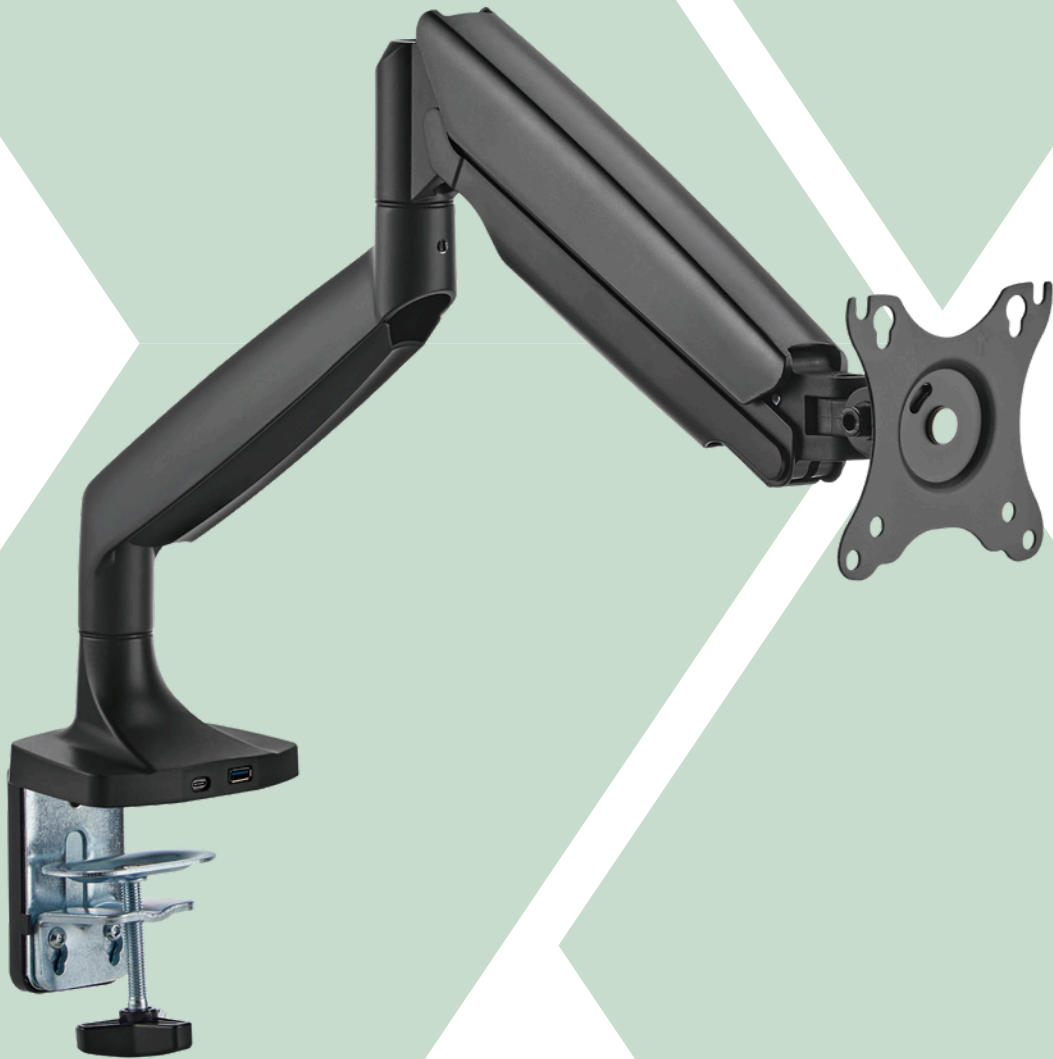




**ERGONOMICS**  
Item number: 300652

# HEAVY-DUTY MONITOR ARM

Happiness at work



DESIGNED FOR  DANISH STANDARDS

[Data overview](#)

# Heavy-Duty Monitor Arm

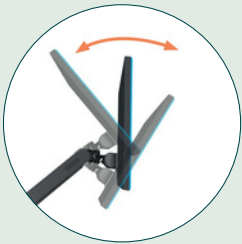
Distance and angle to the computer screen are among the most important adjustments to help prevent long-term injuries in the neck and shoulder area. With the Heavy-Duty Monitor Arm, you gain the ability to freely adjust your screen in terms of height, angle, and distance.

Ask our consultants for help with the correct adjustment of your screen.



## Data overview

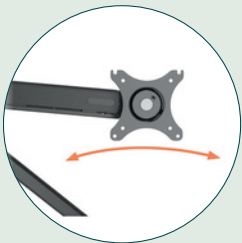
Weight	2 kg
Material	Coated aluminium, PP plastic
Adjustment type	Mechanical spring
Mount type	VESA
Weight capacity	15 kg
Screen size	Up to 45" – designed for curved screens
Connection type	USB-A and USB-C ports
Warranty	2 years



Tilt the screen to the angle that suits the light conditions and, if applicable, the transition in your glasses.



The screen height can be freely adjusted in relation to the desktop. This supports a more correct sitting posture with the head at the proper angle. In addition, you gain extra desk space beneath the screen.



Rotate the screen freely in the desired direction. This provides many mounting options – and you can turn the screen towards a colleague to share your content.

# Custom FIT

## Individual Workplace Adjustment

Your employees are different and work differently. With a Custom FIT, we review each employee's workplace with the aim of ensuring optimal working conditions for the individual.

A Custom FIT includes an ergonomic review of the employee's body position in the working situation, with special focus on the back and neck, where many experience problems. At the same time, we make measurements and observations in relation to air, light, and sound.

During the review, we primarily solve the challenges that can be handled with a better arrangement of the existing work tools. This may involve adjusting the chair, desk height, or rear-

ranging items on the desk. In addition, we guide the employee on what they themselves can be aware of in relation to maintaining a good work posture.

After reviewing all employees' work situations, we compile a set of recommendations for the management with initiatives that will optimize the working conditions for each individual.

### **BONUS:**

**With all Custom FIT reviews, we provide a package with tools for light exercises throughout the work day.**



ERGONOMICS



ACOUSTICS



INDOOR CLIMATE



WELL-BEING

Read and see more at  
**xsystems.dk** or contact us  
now at **tel. 0045 86 85 43 43**  
or **salg@xsystems.dk**

### **Ergonomic Review**

A review takes approximately 15-20 min. per employee. If something can be corrected on the spot, we do it together with the employee.

